



Public Health Bulletin

Department of Health and Human Services

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Data for March 1998

The mission of the City of Long Beach Department of Health and Human Services is to improve the quality of life of the citizens of Long Beach by addressing the public health and human service needs ensuring that the conditions affecting the public's health afford a healthy environment in which to live, work and play.

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Now Available

1998 GUIDELINES FOR TREATMENT OF SEXUALLY TRANSMITTED DISEASES

The 1998 *Guidelines for Treatment of Sexually Transmitted Diseases (STD)* update CDC recommendations for STD screening, diagnosis and treatment. The guidelines include diagnosis and treatment information for all common STDs, as well as recommendations for STD prevention and special considerations for three high-risk populations — women, adolescents, and infants.

Important advances in the diagnosis, treatment, and prevention of STDs have been made since the last update in 1993. These advances include:

- ◆ The development of highly effective single-dose oral therapies for almost all common curable STDs.
- ◆ Improved treatments for herpes and human papilloma virus (HPV).
- ◆ The introduction of a simple urine test for the diagnosis of chlamydia.
- ◆ Recommendations that all sexually active youth be vaccinated against hepatitis A and hepatitis B.
- ◆ Improved treatments for STDs in pregnancy.

The guidelines are intended for use by health care providers, trainers, educators, researchers and others in primary care, adolescent care, family

medicine, family planning, internal medicine, obstetrics-gynecology, urology, dermatology, emergency care, nursing and HIV care. These guidelines are important for physicians in managed care and private practice because they provide basic information for detecting and treating many "silent" STDs which are difficult to detect because they frequently have no symptoms, or symptoms that are very vague or confused with other disorders.

There are an estimated 12 million STD infections in the United States, with approximately 3 million of these occurring in teens. By adulthood, one

(Continued on page 2)

April is STD Awareness Month

~ Approximately 12 million new cases of STDs occur in the US each year, 3 million of them are among teenagers.

~ An estimated 40 million Americans are infected with HPV, with 1 million new cases diagnosed each year.

~ As many as 1 in 10 adolescent girls tested for chlamydia is infected.

~ It is estimated that 1 in 250 individuals is infected with HIV in the US.

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Communicable Disease Report

Selected Reportable Diseases for the City of Long Beach

| Disease | March 1998 | March 1997 | YTD 1998 | YTD 1997 |
|----------------------------------|------------|------------|----------|----------|
| AIDS | 13 | 12 | 42 | 40 |
| AMEBIASIS | 2 | 1 | 4 | 4 |
| CAMPYLOBACTERIOSIS | 4 | 5 | 14 | 19 |
| CHLAMYDIAL INFECTIONS | 118 | 130 | 352 | 335 |
| GIARDIASIS | 5 | 7 | 10 | 13 |
| GONORRHEA | 45 | 35 | 118 | 106 |
| H. INFLUENZAE | 0 | 2 | 3 | 3 |
| HEPATITIS A | 6 | 16 | 14 | 35 |
| HEPATITIS B, acute | 1 | 1 | 4 | 4 |
| HEPATITIS C, acute | 0 | 0 | 0 | 0 |
| MEASLES | 0 | 0 | 0 | 0 |
| MENINGITIS, viral (aseptic) | 6 | 3 | 12 | 5 |
| MENINGOCOCCAL INFECTIONS | 1 | 0 | 1 | 1 |
| NON-GONOCOCCAL URETHRITIS (NGU) | 15 | 20 | 63 | 49 |
| PERTUSSIS | 0 | 0 | 0 | 0 |
| RUBELLA | 0 | 0 | 0 | 0 |
| SALMONELLOSIS | 5 | 7 | 7 | 21 |
| SHIGELLOSIS | 1 | 4 | 12 | 10 |
| SYPHILIS, primary and secondary | 0 | 2 | 1 | 9 |
| SYPHILIS, early latent (<1 year) | 0 | 1 | 2 | 4 |
| TUBERCULOSIS | 1 | 12 | 9 | 24 |

1998 Guidelines for Treatment of Sexually Transmitted Diseases *(continued from page 1)*

in four teens will have an STD, which may include herpes or human papilloma virus (HPV), two of the most common viral STDs for which there is no known cure.

The STD Treatment Guidelines are available on the internet at <http://www.cdc.gov/nchstp/dstd/dstdp.html> or by calling 1-888-232-3228.

Additional information for patients and

consumers is available through the City of Long Beach Department of Health and Human Services at 562-570-4315, and from the following national hotlines:

STD Hotline

1-800-227-8922

National Herpes Hotline

1-919-361-8488

American Social Health Association

<http://sunsite.unc.edu/ASHA>



During the past few years, the City of Long Beach Department of Health and Human Services Public Health Laboratory has expanded both in size and capabilities. The testing menu now includes many of the latest, state-of-the-art, DNA amplified, and other tests.

NEW!

- ✓ C D4-CD8 counts by BD
- ✓ Chlamydia and GC by LCx
- ✓ Coliforms by Colilert/MF
- ✓ HIV-1 by Ora-Sure
- ✓ TB and atypicals by HPLC
- ✓ Lead paint and lead blood by AA Spectrophotometer

The Public Health Laboratory supports grant-funded Health Department clinic programs and offers laboratory services to local health care providers.

**CONTACT THE
PUBLIC HEALTH
LABORATORY AT
(562) 570-4078**

The Public Health Laboratory is CLIA-approved and DHS- and AIHA-certified.

**LAB PROFESSIONALS
MAKE THE WORLD A
HEALTHY PLACE!**

FOR MORE INFORMATION, CALL US AT 562-570-4000 OR VISIT OUR WEB SITE AT WWW.CI.LONG-BEACH.CA.US/HEALTH.

Health Department Phone Numbers

General Information
(562) 570-4000

Animal Control Shelter
(562) 570-7387

Early Intervention Program/
HIV Testing/STD Clinic
(562) 570-4315

Environmental Health
(562) 570-4132

Family Preservation Program
(562) 570-1260

Immunizations/Walk-In Clinic
(562) 570-4222

Prenatal Clinic
(562) 570-4217

Senior Center
(562) 570-3531

Tobacco Education Program
(562) 570-8508

WIC Program
(562) 570-4242

AIDS Surveillance Program Data

City of Long Beach Data as of March 31, 1998

| | |
|---|--|
| 3,312 Total Long Beach City AIDS Cases | (2,080 deceased - 63% Mortality Rate) |
| 3,303 Adult Cases | (2,075 deceased - 63% Mortality Rate) |
| 9 Pediatric Cases | (5 deceased - 56% Mortality Rate) |

AIDS Cases by Gender

| | # | % |
|--------|-------|----|
| Male | 3,145 | 95 |
| Female | 167 | 5 |

AIDS Cases by Race/Ethnicity

| | # | % |
|-------------------------|-------|----|
| White, Not Hispanic | 2,169 | 65 |
| Black, Not Hispanic | 532 | 16 |
| Hispanic | 546 | 16 |
| Asian/Pacific Islander | 50 | 2 |
| American Indian/Alaskan | 8 | <1 |
| Unknown | 7 | <1 |

AIDS Cases by Exposure Category

| | # | % |
|---|-------|----|
| Male-to-Male Contact | 2,561 | 78 |
| Intravenous Drug Use | 272 | 8 |
| Male-to Male Contact and Intravenous Drug Use | 256 | 8 |
| Heterosexual Contact | 100 | 3 |
| Recipient of Blood/Blood Products Transfusion | 26 | 1 |
| Hemophilia/Coagulation Disorder | 12 | <1 |
| Mother at Risk (Perinatal Exposure) | 8 | <1 |
| Risk Not Reported/Other | 77 | 2 |

HIV/AIDS Information

California AIDS Multilingual Hotline: 800-922-AIDS
CDC National HIV/AIDS Hotline (TTY): 800-243-7889

*The City of Long Beach AIDS Surveillance Program also publishes an HIV/AIDS Monitoring Report that contains additional data about AIDS in Long Beach.
For more information, call (562) 570-4298.*



The Public Health Bulletin is published as a public health service to interested City of Long Beach residents by the Department of Health and Human Services
2525 Grand Avenue
Long Beach, CA 90815
(562) 570-4000
www.ci.long-beach.ca.us/health

To be added or removed from the mailing list, please contact Meredith Delaney at (562) 570-4298 or email medelan@ci.long-beach.ca.us.

This information is available in an alternative format.

Data contained in this publication are considered provisional due to reporting delays.

City of Long Beach
Department of Health and Human Services
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Public Health Bulletin

Attention Health Care Providers








The California Code of Regulations, Title 17, Section 2500, requires the report of communicable diseases and conditions. To report a case of a communicable disease, contact the City of Long Beach Department of Health and Human Services Epidemiology Program at 562-570-4302 or by fax at 562-570-4374.








Reportable Communicable Diseases


AIDS
Amebiasis  FAX
Anisakiasis  FAX
Anthrax 
Babesiosis  FAX
Botulism 
Brucellosis
Campylobacteriosis  FAX
Chancroid
Chlamydial Infections
Cholera 
Ciguatera Fish Poisoning 
Coccidioidomycosis
Colorado Tick Fever  FAX
Conjunctivitis, Acute Infectious of the Newborn  FAX
Cryptosporidiosis  FAX

Cysticercosis
Dengue 
Diarrhea of the Newborn 
(Outbreaks)
Diphtheria 
Domoic Acid Poisoning 
Echinococcosis
Ehrlichiosis
Encephalitis  FAX
Escherichia coli O157:H7 
Foodborne Disease  FAX †
Giardiasis
Gonococcal Infections
Haemophilus Influenzae  FAX
Hantavirus Infections 
Hemolytic Uremic Syndrome 
Hepatitis, Viral  FAX
Kawasaki Syndrome
Legionellosis


Leprosy
Leptospirosis
Listeriosis  FAX
Lyme Disease
Lymphocytic Choriomeningitis  FAX
Malaria  FAX
Measles  FAX
Meningitis  FAX
Meningococcal Infections 
Mumps
Non-Gonococcal Urethritis
Paralytic Shellfish Poisoning 
Pelvic Inflammatory Disease
Pertussis (Whooping Cough)  FAX
Plague, Human or Animal 
Poliomyelitis, Paralytic  FAX
Psittacosis  FAX
Q Fever  FAX
Rabies, Human or Animal 

Relapsing Fever  FAX
Reye Syndrome
Rheumatic Fever, Acute
Rocky Mountain Spotted Fever
Rubella
Rubella Syndrome, Congenital
Salmonellosis  FAX
Scombroid Fish Poisoning 
Shigellosis  FAX
Streptococcal Infections  FAX
(Outbreaks of Any Type and Individual Cases in Food Handlers and Dairy Workers Only)
Swimmer's Itch  FAX
Syphilis  FAX
Tetanus
Toxic Shock Syndrome
Toxoplasmosis
Trichinosis  FAX
Tuberculosis  FAX

Tularemia
Typhoid Fever  FAX (Cases and Carriers)
Typhus Fever
Vibrio Infections  FAX
Viral Hemorrhagic Fevers 
Water-associated Disease  FAX
Yellow Fever 
Yersiniosis  FAX
OCCURRENCE of ANY UNUSUAL DISEASE
OUTBREAKS of ANY DISEASE 
Reportable Noncommunicable Diseases/Conditions
Alzheimer's Disease
Cancer
Disorders Characterized by Lapses of Consciousness

 FAX = Report by FAX, telephone, or mail within one (1) working day of identification.

† = Report immediately by telephone when two (2) or more cases or suspected cases of foodborne disease from separate households are suspected to have the same source of illness.

 = Report immediately by telephone. All other diseases/conditions should be reported by FAX, telephone, or mail within seven (7) calendar days of identification.